

# Trot for Troopers 5K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	PAUL GLOR	ROCHESTER, NY	M: 1	Runner	103	00:18:29.80	05:57	10.1mph	Male Overall: 1
2	JON JAMISON	SPENCERPORT, NY	M: 2	Runner	154	00:19:02.27	06:08	9.8mph	Male Overall: 2
3	BRIAN HOTCHKISS	ROCHESTER, NY	M: 3	Runner	147	00:19:18.82	06:13	9.6mph	Male Overall: 3
4	ARI REBACK	FAIRPORT, NY	F: 1	Runner	114	00:20:54.28	06:44	8.9mph	Female Overall: 1
5	KATI GAMACHE	WEBSTER, NY	F: 2	Runner	131	00:21:07.29	06:48	8.8mph	Female Overall: 2
6	ZACH PIPER	CHURCHVILLE, NY	M: 4	Runner	156	00:22:04.42	07:07	8.4mph	Male Overall: 4
7	KYLE BURKE	ROCHESTER, NY	M: 5	Runner	192	00:22:37.12	07:17	8.2mph	Male Overall: 5
8	IZZY STOCKMAN	ROCHESTER, NY	F: 3	Runner	183	00:23:04.05	07:26	8.1mph	Female Overall: 3
9	STEVE LESKO	OLD SAYBROOK, CT	M: 6	Runner	107	00:23:10.91	07:28	8.0mph	Male Overall: 6
10	MARK VANAUKER	ROCHESTER, NY	M: 7	Runner	153	00:23:13.75	07:29	8.0mph	Male Overall: 7
11	KENT DAVIS	SCOTTSVILLE, NY	M: 8	Runner	115	00:23:28.83	07:34	7.9mph	Male Overall: 8
12	CAMERON COUNTRYMAN	ROCHESTER, NY	M: 9	Runner	194	00:23:28.89	07:34	7.9mph	Male Overall: 9
13	MARK ASSINI	ROCHESTER, NY	M: 10	Runner	175	00:23:40.85	07:38	7.9mph	Male Overall: 10
14	TONY BARBIERI	MENDON, NY	M: 11	Runner	137	00:23:45.53	07:39	7.8mph	Male Overall: 11
15	JACK DENUNZIO	ROCHESTERER, NY	M: 12	Runner	223	00:23:50.97	07:41	7.8mph	Male Overall: 12
16	JACOB LANTZ	ROCHESTER, NY	M: 13	Runner	204	00:24:00.46	07:44	7.7mph	Male Overall: 13
17	ALEXANDER ORTIZ	ROCHESTER, NY	M: 14	Runner	203	00:24:02.02	07:45	7.7mph	Male Overall: 14
18	CAROLINE DOBINSKI	ROCHESTER, NY	F: 4	Runner	215	00:24:05.81	07:46	7.7mph	Female Overall: 4
19	JOEL KINGSLEY	ROCHESTER, NY	M: 15	Runner	199	00:24:31.12	07:54	7.6mph	Male Overall: 15
20	PHILLIP TRAN	ROCHESTER, NY	M: 16	Runner	216	00:24:38.62	07:56	7.5mph	Male Overall: 16
21	HANNAH SHIPLEY	NORTH CHILI, NY	F: 5	Runner	105	00:24:40.71	07:57	7.5mph	Female Overall: 5
22	ADAM SYMER	ROCHESTER, NY	M: 17	Runner	176	00:24:42.25	07:58	7.5mph	Male Overall: 17
23	MICHELLE MARTABANO	ROCHESTER, NY	F: 6	Runner	174	00:24:42.70	07:58	7.5mph	Female Overall: 6
24	TJ LOEWKE	ROCHESTER, NY	M: 18	Runner	185	00:25:12.17	08:07	7.4mph	Male Overall: 18
25	ELI JAMISON	SPENCERPORT, NY	M: 19	Runner	155	00:25:20.69	08:10	7.3mph	Male Overall: 19
26	ADAM KROMM	ROCHESTER, NY	M: 20	Runner	228	00:25:22.04	08:10	7.3mph	Male Overall: 20
27	THERESA PALMIERI	WILLIAMSVILLE, NY	F: 7	Runner	143	00:25:28.95	08:13	7.3mph	Female Overall: 7
28	DANIEL CROWE	WILLIAMSVILLE, NY	M: 21	Runner	144	00:25:31.48	08:14	7.3mph	Male Overall: 21
29	ZACHARY CALABRESE	ROCHESTER, NY	M: 22	Runner	217	00:25:47.24	08:19	7.2mph	Male Overall: 22
30	KRISTEN CARDONA	FAIRPORT, NY	F: 8	Runner	149	00:25:57.65	08:22	7.2mph	Female Overall: 8
31	COLTON ZLOTKUS	WEBSTER, NY	M: 23	Runner	169	00:26:00.41	08:23	7.2mph	Male Overall: 23
32	DAYNA FANTIGROSSI	PENFIELD, NY	F: 9	Runner	122	00:26:12.25	08:27	7.1mph	Female Overall: 9
33	SUSAN ROWLEY	ROCHESTER, NY	F: 10	Runner	120	00:26:28.50	08:32	7.0mph	Female Overall: 10
34	OWEN DENUNZIO	ROCHESTER, NY	M: 24	Runner	231	00:26:28.77	08:32	7.0mph	Male Overall: 24
35	KEYRI GARCIA	ROCHESTER, NY	F: 11	Runner	206	00:26:29.65	08:32	7.0mph	Female Overall: 11
36	MATTHEW CARROLL	ROCHESTER, NY	M: 25	Runner	229	00:26:32.83	08:33	7.0mph	Male Overall: 25
37	NESTER SOTO	ROCHESTER, NY	M: 26	Runner	201	00:26:35.09	08:34	7.0mph	Male Overall: 26
38	SARAH POTUCK	WEBSTER, NY	F: 12	Runner	123	00:26:42.63	08:36	7.0mph	Female Overall: 12
39	KATIE GATES	ROCHESTER, NY	F: 13	Runner	148	00:26:49.74	08:39	6.9mph	Female Overall: 13
40	CHRISTINE KLEIN	CHURCHVILLE, NY	F: 14	Runner	172	00:26:51.39	08:39	6.9mph	Female Overall: 14
41	NOELLE LEWIS	ROCHESTER, NY	F: 15	Runner	125	00:27:21.58	08:49	6.8mph	Female Overall: 15
42	MIKAYLA SHIPLEY	NORTH CHILI, NY	F: 16	Runner	104	00:27:26.39	08:51	6.8mph	Female Overall: 16
43	J. HOLLAND	ROCHESTER, NY	F: 17	Runner	186	00:28:15.84	09:07	6.6mph	Female Overall: 17
44	BEN WORCZAK	ROCHESTER, NY	M: 27	Runner	159	00:28:24.64	09:09	6.5mph	Male Overall: 27
45	BRIAN CLEMENTS	ROCHESTER, NY	M: 28	Runner	158	00:28:39.12	09:14	6.5mph	Male Overall: 28
46	AARON CARSON	ROCHESTER, NY	M: 29	Runner	213	00:28:42.57	09:15	6.5mph	Male Overall: 29
47	HOLLI TALONE	ROCHESTER, NY	F: 18	Runner	126	00:28:50.94	09:18	6.4mph	Female Overall: 18
48	PATRICK ALLEN	ROCHESTER, NY	M: 30	Runner	225	00:28:51.09	09:18	6.4mph	Male Overall: 30
49	LAWRENCE WATKINS	ROCHESTER, NY	M: 31	Runner	227	00:28:51.24	09:18	6.4mph	Male Overall: 31
50	CADENCE CARDONA	FAIRPORT, NY	F: 19	Runner	151	00:28:59.07	09:20	6.4mph	Female Overall: 19
51	DAVID BAST	PENFIELD, NY	M: 32	Runner	197	00:29:13.76	09:25	6.4mph	Male Overall: 32
52	RENEE BAST	PENFIELD, NY	F: 20	Runner	196	00:29:21.34	09:28	6.3mph	Female Overall: 20
53	GEORGE DELNAGRO	FAIRPORT, NY	M: 33	Runner	170	00:29:29.49	09:30	6.3mph	Male Overall: 33
54	DEBRA SAXBY	WEST BLOOMFIELD, NY	F: 21	Runner	127	00:29:37.03	09:33	6.3mph	Female Overall: 21
55	ADAM ZLOTKUS	WEBSTER, NY	M: 34	Runner	171	00:30:05.60	09:42	6.2mph	Male Overall: 34
56	MARTIN GAMACHE	WEBSTER, NY	M: 35	Runner	130	00:30:06.26	09:42	6.2mph	Male Overall: 35
57	JOHN PALMIERI	BALDWINSVILLE, NY	M: 36	Runner	141	00:30:12.08	09:44	6.2mph	Male Overall: 36
58	TORY ZITO	ROCHESTERER, NY	M: 37	Runner	218	00:30:18.01	09:46	6.1mph	Male Overall: 37
59	LISA SIRAGUSA	ROCHESTER, NY	F: 22	Runner	157	00:30:20.84	09:47	6.1mph	Female Overall: 22
60	CHARLES ZLOTKUS	WEBSTER, NY	M: 38	Runner	166	00:30:36.15	09:52	6.1mph	Male Overall: 38
61	SAMUEL SPEZIO	FARMINGTON, NY	M: 39	Runner	230	00:30:43.60	09:54	6.1mph	Male Overall: 39

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62	CAROLYN MULLIN	FARMINGTON, NY	F: 23	Runner	160	00:30:43.76	09:54	6.1mph	Female Overall: 23
63	JUSTIN STATT	ROCHESTER, NY	M: 40	Runner	209	00:31:09.46	10:03	6.0mph	Male Overall: 40
64	ASHLEY STATT	ROCHESTER, NY	F: 24	Runner	210	00:31:10.53	10:03	6.0mph	Female Overall: 24
65	PATRICIA PALMIERI-PHELAN	NORTH CHILI, NY	F: 25	Runner	142	00:31:12.52	10:04	6.0mph	Female Overall: 25
66	DON BOVENZI	ROCHESTER, NY	M: 41	Runner	106	00:31:18.72	10:06	5.9mph	Male Overall: 41
67	JORDAN PEACOCK	ROCHESTER, NY	M: 42	Runner	212	00:31:38.20	10:12	5.9mph	Male Overall: 42
68	AVERY SMITH	ROCHESTERER, NY	M: 43	Runner	221	00:31:43.49	10:14	5.9mph	Male Overall: 43
69	JOSEPH TURNER	ROCHESTERER, NY	M: 44	Runner	219	00:31:48.06	10:15	5.8mph	Male Overall: 44
70	CHRISTOPHER KEIPPER	ROCHESTER, NY	M: 45	Runner	145	00:32:01.47	10:19	5.8mph	Male Overall: 45
71	CAMERON BUTLER	ROCHESTER, NY	M: 46	Runner	200	00:32:18.36	10:25	5.8mph	Male Overall: 46
72	JESSE ENSMAN	ROCHESTER, NY	M: 47	Runner	198	00:32:30.72	10:29	5.7mph	Male Overall: 47
73	ALVIN SOTO	ROCHESTER, NY	M: 48	Runner	226	00:32:43.29	10:33	5.7mph	Male Overall: 48
74	MATTHEW LEHMAN	ROCHESTER, NY	M: 49	Runner	211	00:32:44.82	10:33	5.7mph	Male Overall: 49
75	LINDA MILLER	ROCHESTER, NY	F: 26	Runner	180	00:32:53.88	10:36	5.7mph	Female Overall: 26
76	PATRICIA LEVA	ROCHESTER, NY	F: 27	Runner	177	00:32:54.51	10:36	5.7mph	Female Overall: 27
77	DONALD GALETTO	SPENCERPORT, NY	M: 50	Runner	121	00:33:12.39	10:42	5.6mph	Male Overall: 50
78	THOMAS ROSS	ROCHESTER, NY	M: 51	Runner	111	00:33:25.70	10:46	5.6mph	Male Overall: 51
79	BRUCE RYCHWALSKI	ROCHESTER, NY	M: 52	Runner	110	00:33:31.54	10:48	5.5mph	Male Overall: 52
80	KAYLEIGH HOBBS	WEBSTER, NY	F: 28	Runner	132	00:34:06.55	11:00	5.5mph	Female Overall: 28
81	KEITH SCIARRATTA	WEBSTER, NY	M: 53	Runner	133	00:34:07.47	11:00	5.5mph	Male Overall: 53
82	ALLISON PITKIN	ROCHESTER, NY	F: 29	Runner	173	00:34:18.53	11:04	5.4mph	Female Overall: 29
83	NATALIE STEO	ROCHESTER, NY	F: 30	Runner	179	00:34:54.89	11:15	5.3mph	Female Overall: 30
84	DANIELLE BRENNAN	CHURCHVILLE, NY	F: 31	Runner	136	00:34:58.55	11:16	5.3mph	Female Overall: 31
85	THOMAS BRENNAN	HILTON, NY	M: 54	Runner	135	00:35:00.90	11:17	5.3mph	Male Overall: 54
86	PHYLICIA SAVORY	ROCHESTER, NY	F: 32	Runner	188	00:35:12.84	11:21	5.3mph	Female Overall: 32
87	TORI MCGRATH	BERGEN, NY	F: 33	Runner	189	00:35:14.48	11:22	5.3mph	Female Overall: 33
88	ROBIN NICHOLLS	QUEENSBURY, NY	F: 34	Runner	187	00:35:15.69	11:22	5.3mph	Female Overall: 34
89	MASON BAKER	ROCHESTER, NY	M: 55	Runner	182	00:35:33.42	11:28	5.2mph	Male Overall: 55
90	TEGAN BAKER	ROCHESTER, NY	F: 35	Runner	184	00:35:39.66	11:30	5.2mph	Female Overall: 35
91	JONATHAN VARGAS	ROCHESTER, NY	M: 56	Runner	202	00:35:49.13	11:33	5.2mph	Male Overall: 56
92	DANIEL VELASQUEZSANCHEZ	ROCHESTER, NY	M: 57	Runner	195	00:35:49.50	11:33	5.2mph	Male Overall: 57
93	ELYSE BALL	PITTSFORD, NY	F: 36	Runner	163	00:35:52.65	11:34	5.2mph	Female Overall: 36
94	SHANNON GAMACHE	WEBSTER, NY	F: 37	Runner	129	00:36:04.19	11:38	5.2mph	Female Overall: 37
95	BRIAN GAMACHE	WEBSTER, NY	M: 58	Runner	128	00:36:05.18	11:38	5.2mph	Male Overall: 58
96	ELIZABETH TRIMALDI	WEBSTER, NY	F: 38	Runner	140	00:36:13.86	11:41	5.1mph	Female Overall: 38
97	KYLE MCAVOY	ROCHESTER, NY	M: 59	Runner	181	00:36:25.95	11:45	5.1mph	Male Overall: 59
98	NICOLE LEVA	ROCHESTER, NY	F: 39	Runner	178	00:36:29.06	11:46	5.1mph	Female Overall: 39
99	LORALEI DIFLORIO	ROCHESTER, NY	F: 40	Runner	117	00:36:39.84	11:49	5.1mph	Female Overall: 40
100	MIRKA ZUNIGA	ROCHESTER, NY	F: 41	Runner	207	00:36:47.54	11:52	5.1mph	Female Overall: 41
101	TRACY ZLOTKUS	WEBSTER, NY	F: 42	Runner	167	00:36:53.53	11:54	5.0mph	Female Overall: 42
102	NEIL SCHEIER	FAIRPORT, NY	M: 60	Runner	116	00:37:10.62	11:59	5.0mph	Male Overall: 60
103	ELIZABETH BONNEVILLE	NORTH CHILI, NY	F: 43	Runner	152	00:37:39.95	12:09	4.9mph	Female Overall: 43
104	JOHN ALEX VESPA	ROCHESTER, NY	M: 61	Runner	113	00:38:14.87	12:20	4.9mph	Male Overall: 61
105	JOHN VESPA	WEBSTER, NY	M: 62	Runner	112	00:38:15.74	12:20	4.9mph	Male Overall: 62
106	ROSS MADONIA	ROCHESTER, NY	M: 63	Runner	139	00:38:40.53	12:28	4.8mph	Male Overall: 63
107	LISA DECKER	VICTOR, NY	F: 44	Runner	118	00:39:55.37	12:52	4.7mph	Female Overall: 44
108	CHRISTOPHER DECKER	VICTOR, NY	M: 64	Runner	119	00:40:16.54	12:59	4.6mph	Male Overall: 64
109	MICHON BALL	PITTSFORD, NY	F: 45	Runner	161	00:40:21.53	13:01	4.6mph	Female Overall: 45
110	TERRENCE BALL	PITTSFORD, NY	M: 65	Runner	162	00:40:22.37	13:01	4.6mph	Male Overall: 65
111	MIKE HARRIS	ROCHESTER, NY	M: 66	Runner	220	00:40:41.80	13:07	4.6mph	Male Overall: 66
112	STEVEN DEHAVEN	ROCHESTER, NY	M: 67	Runner	190	00:40:43.12	13:08	4.6mph	Male Overall: 67
113	JENNIFER HABIB	ROCHESTER, NY	F: 46	Runner	191	00:43:23.32	13:59	4.3mph	Female Overall: 46
114	GLORIA RALPH	ROCHESTER, NY	F: 47	Runner	109	00:45:12.33	14:34	4.1mph	Female Overall: 47
115	KEVIN SUNDERLAND	WEST HENRIETTA, NY	M: 68	Runner	165	00:47:27.81	15:18	3.9mph	Male Overall: 68
116	LAURA SUNDERLAND	WEST HENRIETTA, NY	F: 48	Runner	164	00:47:29.88	15:19	3.9mph	Female Overall: 48
117	ANNA VALENTINE	ROCHESTER, NY	F: 49	Runner	168	00:47:47.29	15:24	3.9mph	Female Overall: 49
118	AKILAH BANISTER	WEST HENRIETTA, NY	F: 50	Runner	232	00:48:43.62	15:43	3.8mph	Female Overall: 50
119	LINDSEY MERRIAM	NORTH CHILI, NY	F: 51	Runner	146	00:49:26.12	15:56	3.8mph	Female Overall: 51

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120	AYAZ HABIB	ROCHESTER, NY	M: 69	Runner	193	00:49:26.21	15:56	3.8mph	Male Overall: 69
121	TIFFANY HENDERSON	COHOCTON, NY	F: 52	Runner	150	00:49:27.00	15:57	3.8mph	Female Overall: 52
122	LESLIE VIRGILIO	BROCKPORT, NY	F: 53	Runner	108	00:51:18.48	16:33	3.6mph	Female Overall: 53
123	KIMBERLY HEDGES	DANSVILLE, NY	F: 54	Runner	134	00:56:37.49	18:15	3.3mph	Female Overall: 54
124	ELAINE KENNARD	ROCHESTER, NY	F: 55	Runner	208	01:13:58.46	23:51	2.5mph	Female Overall: 55
125	JACKIE COUNADIS	ROCHESTER, NY	F: 56	Runner	205	01:13:59.44	23:52	2.5mph	Female Overall: 56