

Varsity Boys 5000 Meter Run

Name	Yr Team	Pace/M	Time	Pts
1 Charlie Hale	Northampton	5:53.9	18:20.00	--
2 Ben Hall	Northampton	5:54.6	18:22.00	--
3 Dillon Parent	Chicopee Comp	5:54.9	18:23.00	--
4 Aiden Gilson	Northampton	5:56.5	18:28.00	--
5 Quinn Doherty	Northampton	5:58.4	18:34.00	--
6 Patrick Byrnes	Chicopee Comp	6:06.2	18:58.00	--
7 Isaac Lello-Smith	Northampton	6:10.7	19:12.00	--
8 Ian Mckenna-donnely	Northampton	6:11.0	19:13.00	--
9 Anthony Popielarczyk	Northampton	6:13.6	19:21.00	--
10 Tim Foldy-Porto	Northampton	6:13.9	19:22.00	--
11 Andre Remillard	Chicopee Comp	6:24.2	19:54.00	--
12 Nolan Fisher	Chicopee Comp	6:30.6	20:14.00	--
13 Dylan Weaver	Northampton	6:37.1	20:34.00	--
14 Daniel Shinnick	Northampton	6:44.8	20:58.00	--
15 Stephen Michel	Northampton	7:19.2	22:45.00	--
16 Timothy Sturdivent	Chicopee Comp	7:19.5	22:46.00	--
17 Charlie Baranowski	Northampton	7:19.9	22:47.00	--
18 Colin Robinson	Chicopee Comp	7:37.9	23:43.00	--
19 Daniel Belkin	Northampton	7:42.1	23:56.00	--
20 Asher Gryskc	Northampton	7:42.7	23:58.00	--
21 Caison Warner	Northampton	7:46.9	24:11.00	--
22 David Plotkin	Northampton	7:48.5	24:16.00	--
23 Migel LaFlamme	Commerce	7:52.7	24:29.00	--
24 Nick Delisle	Chicopee Comp	7:53.6	24:32.00	--
25 Carlos Garcia	Commerce	7:57.8	24:45.00	--
26 Jacob Desgres	Northampton	8:01.4	24:56.00	--
27 Garrick Hanechak	Chicopee Comp	8:34.2	26:38.00	--
28 Brandon Ewing	Chicopee Comp	9:09.0	28:26.00	--

Varsity Girls 5000 Meter Run

Name	Yr Team	Pace/M	Time	Pts
1 Eliana Zimmerman	Northampton	7:18.9	22:44.00	--
2 Olivia Payne	Chicopee Comp	7:23.4	22:58.00	--
3 Maviel Lutz	Northampton	7:30.5	23:20.00	--
4 Tori LaVerdiere	Northampton	7:40.1	23:50.00	--
5 Jani Sullivan	Northampton	7:44.6	24:04.00	--
6 Megan Faiure	Chicopee Comp	8:24.2	26:07.00	--
7 Amanda Nelson	Chicopee Comp	8:32.3	26:32.00	--
8 Anna Plewa	Chicopee Comp	8:45.5	27:13.00	--
9 Amita Warner	Northampton	8:55.8	27:45.00	--
10 Sam Rizzo	Northampton	8:56.4	27:47.00	--
11 Lily Zoqbaum	Northampton	9:04.8	28:13.00	--
12 Christina Ruggiero-Co	Northampton	9:17.3	28:52.00	--
13 Brianna Machnac	Chicopee Comp	9:18.3	28:55.00	--
14 Eliza Moss-Horwitz	Northampton	9:21.8	29:06.00	--
15 Sarah Rose Gruszek	Northampton	9:30.5	29:33.00	--
16 Samantha Carrier	Chicopee Comp	9:32.8	29:40.00	--
17 Francis Belen	Chicopee Comp	9:38.2	29:57.00	--
18 Sara Salloum	Chicopee Comp	11:07.	34:34.00	--
19 Rebecca Morales	Commerce	11:19.	35:11.00	--

20 Orrie Baray-Forget	Chicopee Comp	11:26.	35:32.00	--
21 Emma Halper	Northampton	11:56.	37:05.00	--
22 Danielle Beaudreault	Chicopee Comp	12:31.	38:55.00	--
23 Alyssa Szady	Chicopee Comp	12:42.	39:31.00	--
24 Morgan Hiersche	Chicopee Comp	13:52.	43:07.00	--

CHICOPEE COMP VS. NORTHAMPTON

Varsity Boys 5000 Meter Run

Name	Yr Team	Pace/M	Time	Pts
1 Charlie Hale	Northampton	5:53.9	18:20.00	1
2 Ben Hall	Northampton	5:54.6	18:22.00	2
3 Dillon Parent	Chicopee Comp	5:54.9	18:23.00	3
4 Aiden Gilson	Northampton	5:56.5	18:28.00	4
5 Quinn Doherty	Northampton	5:58.4	18:34.00	5
6 Patrick Byrnes	Chicopee Comp	6:06.2	18:58.00	6
7 Isaac Lello-Smith	Northampton	6:10.7	19:12.00	7
8 Ian Mckenna-donnely	Northampton	6:11.0	19:13.00	8
9 Anthony Popielarczyk	Northampton	6:13.6	19:21.00	9
10 Tim Foldy-Porto	Northampton	6:13.9	19:22.00	--
11 Andre Remillard	Chicopee Comp	6:24.2	19:54.00	10
12 Nolan Fisher	Chicopee Comp	6:30.6	20:14.00	11
13 Dylan Weaver	Northampton	6:37.1	20:34.00	--
14 Daniel Shinnick	Northampton	6:44.8	20:58.00	--
15 Stephen Michel	Northampton	7:19.2	22:45.00	--
16 Timothy Sturdivent	Chicopee Comp	7:19.5	22:46.00	12
17 Charlie Baranowski	Northampton	7:19.9	22:47.00	--
18 Colin Robinson	Chicopee Comp	7:37.9	23:43.00	13
19 Daniel Belkin	Northampton	7:42.1	23:56.00	--
20 Asher Gryskc	Northampton	7:42.7	23:58.00	--
21 Caison Warner	Northampton	7:46.9	24:11.00	--
22 David Plotkin	Northampton	7:48.5	24:16.00	--
23 Nick Delisle	Chicopee Comp	7:53.6	24:32.00	14
24 Jacob Desgres	Northampton	8:01.4	24:56.00	--
25 Garrick Hanechak	Chicopee Comp	8:34.2	26:38.00	--
26 Brandon Ewing	Chicopee Comp	9:09.0	28:26.00	--

Varsity Boys 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Northampton	19	1	2	4	5	7	8	9
Total Time: 1:32:56		Average: 18:35.20				1-5 Split: 52		
2 Chicopee Comp	42	3	6	10	11	12	13	14
Total Time: 1:40:15		Average: 20:03.00				1-5 Split: 4:23		

CHICOPEE COMP VS. COMMERCE

Varsity Boys 5000 Meter Run

Name	Yr Team	Pace/M	Time	Pts
1 Dillon Parent	Chicopee Comp	5:54.9	18:23.00	1
2 Patrick Byrnes	Chicopee Comp	6:06.2	18:58.00	2
3 Andre Remillard	Chicopee Comp	6:24.2	19:54.00	3
4 Nolan Fisher	Chicopee Comp	6:30.6	20:14.00	4
5 Timothy Sturdivent	Chicopee Comp	7:19.5	22:46.00	5
6 Colin Robinson	Chicopee Comp	7:37.9	23:43.00	6
7 Migel LaFlamme	Commerce	7:52.7	24:29.00	--
8 Nick Delisle	Chicopee Comp	7:53.6	24:32.00	7
9 Carlos Garcia	Commerce	7:57.8	24:45.00	--
10 Garrick Hanechak	Chicopee Comp	8:34.2	26:38.00	--
11 Brandon Ewing	Chicopee Comp	9:09.0	28:26.00	--

Varsity Boys 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Chicopee Comp	15	1	2	3	4	5	6	7
Total Time: 1:40:15		Average: 20:03.00			1-5 Split: 4:23			

NORTHAMPTON VS. COMMERCE

Varsity Boys 5000 Meter Run

Name	Yr Team	Pace/M	Time	Pts
1 Charlie Hale	Northampton	5:53.9	18:20.00	1
2 Ben Hall	Northampton	5:54.6	18:22.00	2
3 Aiden Gilson	Northampton	5:56.5	18:28.00	3
4 Quinn Doherty	Northampton	5:58.4	18:34.00	4
5 Isaac Lello-Smith	Northampton	6:10.7	19:12.00	5
6 Ian Mckenna-donnelly	Northampton	6:11.0	19:13.00	6
7 Anthony Popielarczyk	Northampton	6:13.6	19:21.00	7
8 Tim Foldy-Porto	Northampton	6:13.9	19:22.00	--
9 Dylan Weaver	Northampton	6:37.1	20:34.00	--
10 Daniel Shinnick	Northampton	6:44.8	20:58.00	--
11 Stephen Michel	Northampton	7:19.2	22:45.00	--
12 Charlie Baranowski	Northampton	7:19.9	22:47.00	--
13 Daniel Belkin	Northampton	7:42.1	23:56.00	--
14 Asher Gryskc	Northampton	7:42.7	23:58.00	--
15 Caison Warner	Northampton	7:46.9	24:11.00	--
16 David Plotkin	Northampton	7:48.5	24:16.00	--
17 Migel LaFlamme	Commerce	7:52.7	24:29.00	--
18 Carlos Garcia	Commerce	7:57.8	24:45.00	--
19 Jacob Desgres	Northampton	8:01.4	24:56.00	--

Varsity Boys 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Northampton	15	1	2	3	4	5	6	7
Total Time: 1:32:56		Average: 18:35.20			1-5 Split: 52			

CHICOPEE COMP VS. NORTHAMPTON

Varsity Girls 5000 Meter Run

Name	Yr Team	Pace/M	Time	Pts
1 Eliana Zimmerman	Northampton	7:18.9	22:44.00	1
2 Olivia Payne	Chicopee Comp	7:23.4	22:58.00	2
3 Maviel Lutz	Northampton	7:30.5	23:20.00	3
4 Tori LaVerdiere	Northampton	7:40.1	23:50.00	4
5 Jani Sullivan	Northampton	7:44.6	24:04.00	5
6 Megan Faiure	Chicopee Comp	8:24.2	26:07.00	6
7 Amanda Nelson	Chicopee Comp	8:32.3	26:32.00	7
8 Anna Plewa	Chicopee Comp	8:45.5	27:13.00	8
9 Amita Warner	Northampton	8:55.8	27:45.00	9
10 Sam Rizzo	Northampton	8:56.4	27:47.00	10
11 Lily Zoqbaum	Northampton	9:04.8	28:13.00	11
12 Christina Ruggiero-Co	Northampton	9:17.3	28:52.00	--
13 Brianna Machnac	Chicopee Comp	9:18.3	28:55.00	12
14 Eliza Moss-Horwitz	Northampton	9:21.8	29:06.00	--
15 Sarah Rose Gruszek	Northampton	9:30.5	29:33.00	--
16 Samantha Carrier	Chicopee Comp	9:32.8	29:40.00	13
17 Francis Belen	Chicopee Comp	9:38.2	29:57.00	14
18 Sara Salloum	Chicopee Comp	11:07.	34:34.00	--
19 Orrie Baray-Forget	Chicopee Comp	11:26.	35:32.00	--
20 Emma Halper	Northampton	11:56.	37:05.00	--
21 Danielle Beaudreault	Chicopee Comp	12:31.	38:55.00	--
22 Alyssa Szady	Chicopee Comp	12:42.	39:31.00	--
23 Morgan Hiersche	Chicopee Comp	13:52.	43:07.00	--

Varsity Girls 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Northampton	22	1	3	4	5	9	10	11
Total Time: 2:01:43		Average: 24:20.60			1-5 Split: 5:01			
2 Chicopee Comp	35	2	6	7	8	12	13	14
Total Time: 2:11:45		Average: 26:21.00			1-5 Split: 5:57			

CHICOPEE COMP VS. COMMERCE

Varsity Girls 5000 Meter Run

Name	Yr Team	Pace/M	Time	Pts
1 Olivia Payne	Chicopee Comp	7:23.4	22:58.00	1
2 Megan Faiure	Chicopee Comp	8:24.2	26:07.00	2

3	Amanda Nelson	Chicopee Comp	8:32.3	26:32.00	3
4	Anna Plewa	Chicopee Comp	8:45.5	27:13.00	4
5	Brianna Machnac	Chicopee Comp	9:18.3	28:55.00	5
6	Samantha Carrier	Chicopee Comp	9:32.8	29:40.00	6
7	Francis Belen	Chicopee Comp	9:38.2	29:57.00	7
8	Sara Salloum	Chicopee Comp	11:07.	34:34.00	--
9	Rebecca Morales	Commerce	11:19.	35:11.00	--
10	Orrie Baray-Forget	Chicopee Comp	11:26.	35:32.00	--
11	Danielle Beaudreault	Chicopee Comp	12:31.	38:55.00	--
12	Alyssa Szady	Chicopee Comp	12:42.	39:31.00	--
13	Morgan Hiersche	Chicopee Comp	13:52.	43:07.00	--

Varsity Girls 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Chicopee Comp	15	1	2	3	4	5	6	7
Total Time: 2:11:45		Average: 26:21.00			1-5 Split: 5:57			

NORTHAMPTON VS. COMMERCE

Varsity Girls 5000 Meter Run

Name	Yr	Team	Pace/M	Time	Pts	
1		Eliana Zimmerman	Northampton	7:18.9	22:44.00	1
2		Maviel Lutz	Northampton	7:30.5	23:20.00	2
3		Tori LaVerdiere	Northampton	7:40.1	23:50.00	3
4		Jani Sullivan	Northampton	7:44.6	24:04.00	4
5		Amita Warner	Northampton	8:55.8	27:45.00	5
6		Sam Rizzo	Northampton	8:56.4	27:47.00	6
7		Lily Zoqbaum	Northampton	9:04.8	28:13.00	7
8		Christina Ruggiero-Co	Northampton	9:17.3	28:52.00	--
9		Eliza Moss-Horwitz	Northampton	9:21.8	29:06.00	--
10		Sarah Rose Gruszek	Northampton	9:30.5	29:33.00	--
11		Rebecca Morales	Commerce	11:19.	35:11.00	--
12		Emma Halper	Northampton	11:56.	37:05.00	--

Varsity Girls 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Northampton	15	1	2	3	4	5	6	7
Total Time: 2:01:43		Average: 24:20.60			1-5 Split: 5:01			