

Trot for Troopers 5K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	PAUL GLOR	ROCHESTER, NY	M: 1	Runner	103	00:18:28.56	05:57	10.1mph	Male Overall: 1
2	JON JAMISON	SPENCERPORT, NY	M: 2	Runner	154	00:18:59.61	06:07	9.8mph	Male Overall: 2
3	BRIAN HOTCHKISS	ROCHESTER, NY	M: 3	Runner	147	00:19:16.82	06:13	9.6mph	Male Overall: 3
4	ARI REBACK	FAIRPORT, NY	F: 1	Runner	114	00:20:51.67	06:43	8.9mph	Female Overall: 1
5	KATI GAMACHE	WEBSTER, NY	F: 2	Runner	131	00:21:04.21	06:47	8.8mph	Female Overall: 2
6	ZACH PIPER	CHURCHVILLE, NY	M: 4	Runner	156	00:21:59.96	07:05	8.5mph	Male Overall: 4
7	KYLE BURKE	ROCHESTER, NY	M: 5	Runner	192	00:22:28.55	07:15	8.3mph	Male Overall: 5
8	IZZY STOCKMAN	ROCHESTER, NY	F: 3	Runner	183	00:22:43.58	07:19	8.2mph	Female Overall: 3
9	STEVE LESKO	OLD SAYBROOK, CT	M: 6	Runner	107	00:23:05.61	07:26	8.1mph	Male Overall: 6
10	MARK VANAUKER	ROCHESTER, NY	M: 7	Runner	153	00:23:07.86	07:27	8.0mph	Male Overall: 7
11	CAMERON COUNTRYMAN	ROCHESTER, NY	M: 8	Runner	194	00:23:08.47	07:27	8.0mph	Male Overall: 8
12	KENT DAVIS	SCOTTSVILLE, NY	M: 9	Runner	115	00:23:26.17	07:33	7.9mph	Male Overall: 9
13	JACK DENUNZIO	ROCHESTERER, NY	M: 10	Runner	223	00:23:29.08	07:34	7.9mph	Male Overall: 10
14	TONY BARBIERI	MENDON, NY	M: 11	Runner	137	00:23:30.52	07:35	7.9mph	Male Overall: 11
15	MARK ASSINI	ROCHESTER, NY	M: 12	Runner	175	00:23:39.16	07:37	7.9mph	Male Overall: 12
16	ALEXANDER ORTIZ	ROCHESTER, NY	M: 13	Runner	203	00:23:40.13	07:38	7.9mph	Male Overall: 13
17	JACOB LANTZ	ROCHESTER, NY	M: 14	Runner	204	00:23:40.60	07:38	7.9mph	Male Overall: 14
18	CAROLINE DOBINSKI	ROCHESTER, NY	F: 4	Runner	215	00:23:56.68	07:43	7.8mph	Female Overall: 4
19	JOEL KINGSLEY	ROCHESTER, NY	M: 15	Runner	199	00:24:09.65	07:47	7.7mph	Male Overall: 15
20	PHILLIP TRAN	ROCHESTER, NY	M: 16	Runner	216	00:24:15.93	07:49	7.7mph	Male Overall: 16
21	HANNAH SHIPLEY	NORTH CHILI, NY	F: 5	Runner	105	00:24:32.38	07:54	7.6mph	Female Overall: 5
22	MICHELLE MARTABANO	ROCHESTER, NY	F: 6	Runner	174	00:24:35.58	07:55	7.6mph	Female Overall: 6
23	ADAM SYMER	ROCHESTER, NY	M: 17	Runner	176	00:24:35.70	07:56	7.6mph	Male Overall: 17
24	ADAM KROMM	ROCHESTER, NY	M: 18	Runner	228	00:24:51.47	08:01	7.5mph	Male Overall: 18
25	TJ LOEWKE	ROCHESTER, NY	M: 19	Runner	185	00:25:05.85	08:05	7.4mph	Male Overall: 19
26	ELI JAMISON	SPENCERPORT, NY	M: 20	Runner	155	00:25:17.24	08:09	7.4mph	Male Overall: 20
27	THERESA PALMIERI	WILLIAMSVILLE, NY	F: 7	Runner	143	00:25:24.64	08:11	7.3mph	Female Overall: 7
28	DANIEL CROWE	WILLIAMSVILLE, NY	M: 21	Runner	144	00:25:27.17	08:12	7.3mph	Male Overall: 21
29	ZACHARY CALABRESE	ROCHESTER, NY	M: 22	Runner	217	00:25:37.70	08:16	7.3mph	Male Overall: 22
30	KRISTEN CARDONA	FAIRPORT, NY	F: 8	Runner	149	00:25:49.36	08:19	7.2mph	Female Overall: 8
31	COLTON ZLOTKUS	WEBSTER, NY	M: 23	Runner	169	00:25:55.35	08:21	7.2mph	Male Overall: 23
32	DAYNA FANTIGROSSI	PENFIELD, NY	F: 9	Runner	122	00:26:03.55	08:24	7.1mph	Female Overall: 9
33	MATTHEW CARROLL	ROCHESTER, NY	M: 24	Runner	229	00:26:03.94	08:24	7.1mph	Male Overall: 24
34	NESTER SOTO	ROCHESTER, NY	M: 25	Runner	201	00:26:05.95	08:25	7.1mph	Male Overall: 25
35	KEYRI GARCIA	ROCHESTER, NY	F: 10	Runner	206	00:26:08.04	08:25	7.1mph	Female Overall: 10
36	OWEN DENUNZIO	ROCHESTER, NY	M: 26	Runner	231	00:26:08.47	08:25	7.1mph	Male Overall: 26
37	SUSAN ROWLEY	ROCHESTER, NY	F: 11	Runner	120	00:26:26.03	08:31	7.0mph	Female Overall: 11
38	SARAH POTUCK	WEBSTER, NY	F: 12	Runner	123	00:26:33.45	08:34	7.0mph	Female Overall: 12
39	KATIE GATES	ROCHESTER, NY	F: 13	Runner	148	00:26:43.47	08:37	7.0mph	Female Overall: 13
40	CHRISTINE KLEIN	CHURCHVILLE, NY	F: 14	Runner	172	00:26:43.84	08:37	7.0mph	Female Overall: 14
41	NOELLE LEWIS	ROCHESTER, NY	F: 15	Runner	125	00:27:12.45	08:46	6.8mph	Female Overall: 15
42	MIKAYLA SHIPLEY	NORTH CHILI, NY	F: 16	Runner	104	00:27:18.06	08:48	6.8mph	Female Overall: 16
43	J. HOLLAND	ROCHESTER, NY	F: 17	Runner	186	00:27:53.38	08:59	6.7mph	Female Overall: 17
44	AARON CARSON	ROCHESTER, NY	M: 27	Runner	213	00:28:10.86	09:05	6.6mph	Male Overall: 27
45	PATRICK ALLEN	ROCHESTER, NY	M: 28	Runner	225	00:28:23.66	09:09	6.6mph	Male Overall: 28
46	LAWRENCE WATKINS	ROCHESTER, NY	M: 29	Runner	227	00:28:24.55	09:09	6.5mph	Male Overall: 29
47	BEN WORCZAK	ROCHESTER, NY	M: 30	Runner	159	00:28:24.64	09:09	6.5mph	Male Overall: 30
48	BRIAN CLEMENTS	ROCHESTER, NY	M: 31	Runner	158	00:28:31.40	09:12	6.5mph	Male Overall: 31
49	HOLLI TALONE	ROCHESTER, NY	F: 18	Runner	126	00:28:40.92	09:15	6.5mph	Female Overall: 18
50	CADENCE CARDONA	FAIRPORT, NY	F: 19	Runner	151	00:28:51.05	09:18	6.4mph	Female Overall: 19
51	DAVID BAST	PENFIELD, NY	M: 32	Runner	197	00:29:00.96	09:21	6.4mph	Male Overall: 32
52	RENEE BAST	PENFIELD, NY	F: 20	Runner	196	00:29:08.54	09:24	6.4mph	Female Overall: 20
53	GEORGE DELNAGRO	FAIRPORT, NY	M: 33	Runner	170	00:29:15.06	09:26	6.4mph	Male Overall: 33
54	DEBRA SAXBY	WEST BLOOMFIELD, NY	F: 21	Runner	127	00:29:29.02	09:30	6.3mph	Female Overall: 21
55	TORY ZITO	ROCHESTERER, NY	M: 34	Runner	218	00:29:53.78	09:38	6.2mph	Male Overall: 34
56	ADAM ZLOTKUS	WEBSTER, NY	M: 35	Runner	171	00:29:54.84	09:38	6.2mph	Male Overall: 35
57	MARTIN GAMACHE	WEBSTER, NY	M: 36	Runner	130	00:29:55.50	09:39	6.2mph	Male Overall: 36
58	JOHN PALMIERI	BALDWINSVILLE, NY	M: 37	Runner	141	00:30:07.44	09:43	6.2mph	Male Overall: 37
59	LISA SIRAGUSA	ROCHESTER, NY	F: 22	Runner	157	00:30:14.95	09:45	6.1mph	Female Overall: 22
60	CHARLES ZLOTKUS	WEBSTER, NY	M: 38	Runner	166	00:30:24.13	09:48	6.1mph	Male Overall: 38
61	SAMUEL SPEZIO	FARMINGTON, NY	M: 39	Runner	230	00:30:29.59	09:50	6.1mph	Male Overall: 39

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62	CAROLYN MULLIN	FARMINGTON, NY	F: 23	Runner	160	00:30:30.13	09:50	6.1mph	Female Overall: 23
63	JUSTIN STATT	ROCHESTER, NY	M: 40	Runner	209	00:30:43.57	09:54	6.1mph	Male Overall: 40
64	ASHLEY STATT	ROCHESTER, NY	F: 24	Runner	210	00:30:43.84	09:54	6.1mph	Female Overall: 24
65	PATRICIA PALMIERI-PHELAN	NORTH CHILI, NY	F: 25	Runner	142	00:31:07.46	10:02	6.0mph	Female Overall: 25
66	JORDAN PEACOCK	ROCHESTER, NY	M: 41	Runner	212	00:31:09.06	10:02	6.0mph	Male Overall: 41
67	DON BOVENZI	ROCHESTER, NY	M: 42	Runner	106	00:31:15.03	10:04	6.0mph	Male Overall: 42
68	AVERY SMITH	ROCHESTERER, NY	M: 43	Runner	221	00:31:15.16	10:04	6.0mph	Male Overall: 43
69	JOSEPH TURNER	ROCHESTERER, NY	M: 44	Runner	219	00:31:19.17	10:06	5.9mph	Male Overall: 44
70	CHRISTOPHER KEIPPER	ROCHESTER, NY	M: 45	Runner	145	00:31:49.05	10:15	5.8mph	Male Overall: 45
71	CAMERON BUTLER	ROCHESTER, NY	M: 46	Runner	200	00:31:53.28	10:17	5.8mph	Male Overall: 46
72	JESSE ENSMAN	ROCHESTER, NY	M: 47	Runner	198	00:32:00.22	10:19	5.8mph	Male Overall: 47
73	ALVIN SOTO	ROCHESTER, NY	M: 48	Runner	226	00:32:11.58	10:23	5.8mph	Male Overall: 48
74	MATTHEW LEHMAN	ROCHESTER, NY	M: 49	Runner	211	00:32:21.34	10:26	5.7mph	Male Overall: 49
75	PATRICIA LEVA	ROCHESTER, NY	F: 26	Runner	177	00:32:26.00	10:27	5.7mph	Female Overall: 26
76	LINDA MILLER	ROCHESTER, NY	F: 27	Runner	180	00:32:27.01	10:28	5.7mph	Female Overall: 27
77	DONALD GALETTO	SPENCERPORT, NY	M: 50	Runner	121	00:32:58.38	10:38	5.6mph	Male Overall: 50
78	THOMAS ROSS	ROCHESTER, NY	M: 51	Runner	111	00:33:11.09	10:42	5.6mph	Male Overall: 51
79	BRUCE RYCHWALSKI	ROCHESTER, NY	M: 52	Runner	110	00:33:16.70	10:44	5.6mph	Male Overall: 52
80	KAYLEIGH HOBBS	WEBSTER, NY	F: 28	Runner	132	00:33:38.46	10:51	5.5mph	Female Overall: 28
81	KEITH SCIARRATTA	WEBSTER, NY	M: 53	Runner	133	00:33:40.17	10:51	5.5mph	Male Overall: 53
82	ALLISON PITKIN	ROCHESTER, NY	F: 29	Runner	173	00:34:02.09	10:58	5.5mph	Female Overall: 29
83	NATALIE STEO	ROCHESTER, NY	F: 30	Runner	179	00:34:28.01	11:07	5.4mph	Female Overall: 30
84	DANIELLE BRENNAN	CHURCHVILLE, NY	F: 31	Runner	136	00:34:48.00	11:13	5.3mph	Female Overall: 31
85	THOMAS BRENNAN	HILTON, NY	M: 54	Runner	135	00:34:49.33	11:13	5.3mph	Male Overall: 54
86	ROBIN NICHOLLS	QUEENSBURY, NY	F: 32	Runner	187	00:34:52.02	11:14	5.3mph	Female Overall: 32
87	PHYLICIA SAVORY	ROCHESTER, NY	F: 33	Runner	188	00:34:58.82	11:17	5.3mph	Female Overall: 33
88	TORI MCGRATH	BERGEN, NY	F: 34	Runner	189	00:35:01.37	11:17	5.3mph	Female Overall: 34
89	JONATHAN VARGAS	ROCHESTER, NY	M: 55	Runner	202	00:35:28.45	11:26	5.2mph	Male Overall: 55
90	MASON BAKER	ROCHESTER, NY	M: 56	Runner	182	00:35:29.96	11:27	5.2mph	Male Overall: 56
91	DANIEL VELASQUEZSANCHEZ	ROCHESTER, NY	M: 57	Runner	195	00:35:30.01	11:27	5.2mph	Male Overall: 57
92	TEGAN BAKER	ROCHESTER, NY	F: 35	Runner	184	00:35:36.16	11:29	5.2mph	Female Overall: 35
93	ELYSE BALL	PITTSFORD, NY	F: 36	Runner	163	00:35:40.89	11:30	5.2mph	Female Overall: 36
94	ELIZABETH TRIMALDI	WEBSTER, NY	F: 37	Runner	140	00:35:43.41	11:31	5.2mph	Female Overall: 37
95	SHANNON GAMACHE	WEBSTER, NY	F: 38	Runner	129	00:35:53.84	11:34	5.2mph	Female Overall: 38
96	BRIAN GAMACHE	WEBSTER, NY	M: 58	Runner	128	00:35:59.10	11:36	5.2mph	Male Overall: 58
97	KYLE MCAVOY	ROCHESTER, NY	M: 59	Runner	181	00:36:02.28	11:37	5.2mph	Male Overall: 59
98	NICOLE LEVA	ROCHESTER, NY	F: 39	Runner	178	00:36:05.01	11:38	5.2mph	Female Overall: 39
99	MIRKA ZUNIGA	ROCHESTER, NY	F: 40	Runner	207	00:36:25.87	11:45	5.1mph	Female Overall: 40
100	LORALEI DIFLORIO	ROCHESTER, NY	F: 41	Runner	117	00:36:31.51	11:46	5.1mph	Female Overall: 41
101	TRACY ZLOTKUS	WEBSTER, NY	F: 42	Runner	167	00:36:42.76	11:50	5.1mph	Female Overall: 42
102	NEIL SCHEIER	FAIRPORT, NY	M: 60	Runner	116	00:37:05.51	11:57	5.0mph	Male Overall: 60
103	ELIZABETH BONNEVILLE	NORTH CHILI, NY	F: 43	Runner	152	00:37:29.75	12:05	5.0mph	Female Overall: 43
104	JOHN ALEX VESPA	ROCHESTER, NY	M: 61	Runner	113	00:37:59.23	12:15	4.9mph	Male Overall: 61
105	JOHN VESPA	WEBSTER, NY	M: 62	Runner	112	00:38:00.10	12:15	4.9mph	Male Overall: 62
106	ROSS MADONIA	ROCHESTER, NY	M: 63	Runner	139	00:38:26.10	12:23	4.8mph	Male Overall: 63
107	LISA DECKER	VICTOR, NY	F: 44	Runner	118	00:39:55.37	12:52	4.7mph	Female Overall: 44
108	MICHON BALL	PITTSFORD, NY	F: 45	Runner	161	00:40:09.31	12:57	4.6mph	Female Overall: 45
109	TERENCE BALL	PITTSFORD, NY	M: 64	Runner	162	00:40:10.57	12:57	4.6mph	Male Overall: 64
110	CHRISTOPHER DECKER	VICTOR, NY	M: 65	Runner	119	00:40:16.54	12:59	4.6mph	Male Overall: 65
111	MIKE HARRIS	ROCHESTER, NY	M: 66	Runner	220	00:40:24.99	13:02	4.6mph	Male Overall: 66
112	STEVEN DEHAVEN	ROCHESTER, NY	M: 67	Runner	190	00:40:28.32	13:03	4.6mph	Male Overall: 67
113	JENNIFER HABIB	ROCHESTER, NY	F: 46	Runner	191	00:43:04.12	13:53	4.3mph	Female Overall: 46
114	GLORIA RALPH	ROCHESTER, NY	F: 47	Runner	109	00:44:50.25	14:27	4.1mph	Female Overall: 47
115	KEVIN SUNDERLAND	WEST HENRIETTA, NY	M: 68	Runner	165	00:47:10.62	15:13	3.9mph	Male Overall: 68
116	LAURA SUNDERLAND	WEST HENRIETTA, NY	F: 48	Runner	164	00:47:13.87	15:14	3.9mph	Female Overall: 48
117	ANNA VALENTINE	ROCHESTER, NY	F: 49	Runner	168	00:47:29.45	15:19	3.9mph	Female Overall: 49
118	AKILAH BANISTER	WEST HENRIETTA, NY	F: 50	Runner	232	00:48:21.12	15:35	3.8mph	Female Overall: 50
119	AYAZ HABIB	ROCHESTER, NY	M: 69	Runner	193	00:49:06.21	15:50	3.8mph	Male Overall: 69

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120	LINDSEY MERRIAM	NORTH CHILI, NY	F: 51	Runner	146	00:49:07.29	15:50	3.8mph	Female Overall: 51
121	TIFFANY HENDERSON	COHOCTON, NY	F: 52	Runner	150	00:49:08.55	15:51	3.8mph	Female Overall: 52
122	LESLIE VIRGILIO	BROCKPORT, NY	F: 53	Runner	108	00:50:57.68	16:26	3.6mph	Female Overall: 53
123	KIMBERLY HEDGES	DANSVILLE, NY	F: 54	Runner	134	00:56:20.06	18:10	3.3mph	Female Overall: 54
124	JACKIE COUNADIS	ROCHESTER, NY	F: 55	Runner	205	01:13:32.19	23:43	2.5mph	Female Overall: 55
125	ELAINE KENNARD	ROCHESTER, NY	F: 56	Runner	208	01:13:32.20	23:43	2.5mph	Female Overall: 56