

Forest Park, Springfield, MA

Open Men 5000 Meter Run

Name	Yr	Team	Pace/M	Time	Pts
1 Patrick Byrnes	11	Chicopee Comp	6:20.5	19:42.51	--
2 Cristian Rivera	11	Sabis	6:37.2	20:34.32	--
3 Nolan Fisher	12	Chicopee Comp	6:45.6	21:00.41	--
4 Tayvon Hodge	11	Sabis	6:59.8	21:44.72	--
5 Amadi Pendleton	8	Sabis	7:06.6	22:05.72	--
6 Jessie Barbee	11	Sabis	7:14.8	22:31.36	--
7 Timothy Sturdivent	11	Chicopee Comp	7:18.7	22:43.32	--
8 Kyle Parks	10	Chicopee Comp	7:19.2	22:44.96	--
9 Kolby Hightower	11	Sabis	7:21.3	22:51.49	--
10 Nick Delisle	10	Chicopee Comp	7:25.8	23:05.31	--
11 Cairo White	11	Sabis	7:40.5	23:51.26	--
12 Joe Lepage	9	Chicopee Comp	7:41.8	23:55.18	--
13 Gevon Samuels	10	Sabis	7:47.3	24:12.40	--
14 Joseph Jose	11	Commerce	7:49.8	24:20.12	--
15 Bradley Sargent	10	Chicopee Comp	7:55.7	24:38.28	--
16 Brandon Ewing	10	Chicopee Comp	8:00.6	24:53.74	--
17 Jumar Browne	10	Sabis	8:02.0	24:58.05	--
18 Kyle Kisiel	11	Chicopee Comp	8:02.5	24:59.39	--
19 Dylan Hibbert	8	Sabis	8:04.5	25:05.73	--
20 Zachary Huber	9	Chicopee Comp	8:16.9	25:44.23	--
21 Nigel LaFlamme	12	Commerce	8:22.2	26:00.71	--
22 Angel Velez	11	Commerce	8:25.6	26:11.20	--
23 Isaiah Gregory	12	Sabis	8:39.2	26:53.45	--
24 Taariq Woods	9	Sabis	8:39.6	26:54.88	--
25 Carlos Garcia	10	Commerce	8:53.8	27:38.86	--
26 Tyler Ostrander	9	Chicopee Comp	8:54.2	27:40.08	--
27 Joe Basile	9	Sabis	9:13.1	28:38.80	--
28 Zachary Philbrick	11	Chicopee Comp	9:15.2	28:45.31	--
29 Garrick Hanechak	10	Chicopee Comp	9:16.4	28:49.06	--
30 Kenny Delude	10	Sabis	9:16.5	28:49.49	--
31 Jonnathan Camacho	11	Sabis	10:39.	33:05.87	--
32 Kobe Gresham	8	Sabis	11:28.	35:38.83	--
33 Gadiel Sanchez	8	Sabis	11:41.	36:18.59	--

Open Women 5000 Meter Run

Name	Yr	Team	Pace/M	Time	Pts
1 Alliyah Ferrera	12	Sabis	7:57.4	24:43.76	--
2 MaryEllen Shearer-Man	11	Sabis	8:37.8	26:49.16	--
3 Ilyssa DeLeon	11	Sabis	8:46.4	27:15.99	--
4 Lillian Kuehl	10	Sabis	8:55.9	27:45.58	--
5 Anna Plewa	12	Chicopee Comp	9:29.9	29:31.23	--
6 An'Janae Washington	8	Sabis	9:54.7	30:48.13	--
7 Amanda Howie	11	Sabis	9:59.1	31:01.73	--
8 Brianna Machnac	11	Chicopee Comp	10:04.	31:18.89	--
9 Aine Champiny	9	Sabis	10:09.	31:34.60	--
10 Jennifer Mora	12	Sabis	10:19.	32:04.51	--

11	Christine Nichols	11	Commerce	10:24.	32:19.60	--
12	Samantha Carrier	12	Chicopee Comp	10:46.	33:28.60	--
13	Eliza Mullin	8	Sabis	10:48.	33:34.38	--
14	Michelle Arbuzova	9	Chicopee Comp	11:14.	34:55.94	--
15	Katarina Bernash	10	Chicopee Comp	11:18.	35:09.36	--
16	Ciara Gamache	9	Chicopee Comp	11:44.	36:28.52	--
17	Jenna Herd	10	Chicopee Comp	11:46.	36:35.29	--
18	Kaelyn Aponte	10	Chicopee Comp	11:47.	36:37.28	--
19	Kate Gustafson	9	Chicopee Comp	11:48.	36:40.74	--
20	Mia Przybycien	11	Sabis	12:11.	37:52.91	--
21	Georgina Maende	7	Sabis	12:11.	37:54.44	--
22	Olivia Chao	10	Chicopee Comp	12:20.	38:21.20	--
23	Leah Gartman	11	Sabis	12:29.	38:49.89	--
24	Morgan Hiersche	11	Chicopee Comp	12:48.	39:49.44	--
25	Orrie Baray-Forget	11	Chicopee Comp	12:50.	39:52.81	--
26	Kayla Brown	10	Sabis	13:17.	41:19.16	--
27	Aleah Haygood	11	Sabis	13:21.	41:31.25	--
28	Jada Wanzo	9	Sabis	13:22.	41:34.70	--
29	Alison Bradway	10	Chicopee Comp	13:28.	41:53.87	--
30	Alicia Laterreur	7	Sabis	14:08.	43:57.02	--

CHICOPEE COMP VS. COMMERCE

Open Men 5000 Meter Run

Name	Yr	Team	Pace/M	Time	Pts
1	Patrick Byrnes	11 Chicopee Comp	6:20.5	19:42.51	1
2	Nolan Fisher	12 Chicopee Comp	6:45.6	21:00.41	2
3	Timothy Sturdivent	11 Chicopee Comp	7:18.7	22:43.32	3
4	Kyle Parks	10 Chicopee Comp	7:19.2	22:44.96	4
5	Nick Delisle	10 Chicopee Comp	7:25.8	23:05.31	5
6	Joe Lepage	9 Chicopee Comp	7:41.8	23:55.18	6
7	Joseph Jose	11 Commerce	7:49.8	24:20.12	--
8	Bradley Sargent	10 Chicopee Comp	7:55.7	24:38.28	7
9	Brandon Ewing	10 Chicopee Comp	8:00.6	24:53.74	--
10	Kyle Kisiel	11 Chicopee Comp	8:02.5	24:59.39	--
11	Zachary Huber	9 Chicopee Comp	8:16.9	25:44.23	--
12	Nigel LaFlamme	12 Commerce	8:22.2	26:00.71	--
13	Angel Velez	11 Commerce	8:25.6	26:11.20	--
14	Carlos Garcia	10 Commerce	8:53.8	27:38.86	--
15	Tyler Ostrander	9 Chicopee Comp	8:54.2	27:40.08	--
16	Zachary Philbrick	11 Chicopee Comp	9:15.2	28:45.31	--
17	Garrick Hanechak	10 Chicopee Comp	9:16.4	28:49.06	--

Open Mixed 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Chicopee Comp	15	1	2	3	4	5	6	7
Total Time:	1:49:17	Average: 21:51.31			1-5 Split: 3:23			

CHICOPEE COMP VS. SABIS

Open Men 5000 Meter Run

Name	Yr	Team	Pace/M	Time	Pts
1 Patrick Byrnes	11	Chicopee Comp	6:20.5	19:42.51	1
2 Cristian Rivera	11	Sabis	6:37.2	20:34.32	2
3 Nolan Fisher	12	Chicopee Comp	6:45.6	21:00.41	3
4 Tayvon Hodge	11	Sabis	6:59.8	21:44.72	4
5 Amadi Pendleton	8	Sabis	7:06.6	22:05.72	5
6 Jessie Barbee	11	Sabis	7:14.8	22:31.36	6
7 Timothy Sturdivent	11	Chicopee Comp	7:18.7	22:43.32	7
8 Kyle Parks	10	Chicopee Comp	7:19.2	22:44.96	8
9 Kolby Hightower	11	Sabis	7:21.3	22:51.49	9
10 Nick Delisle	10	Chicopee Comp	7:25.8	23:05.31	10
11 Cairo White	11	Sabis	7:40.5	23:51.26	11
12 Joe Lepage	9	Chicopee Comp	7:41.8	23:55.18	12
13 Gevon Samuels	10	Sabis	7:47.3	24:12.40	13
14 Bradley Sargent	10	Chicopee Comp	7:55.7	24:38.28	14
15 Brandon Ewing	10	Chicopee Comp	8:00.6	24:53.74	--
16 Jumar Browne	10	Sabis	8:02.0	24:58.05	--
17 Kyle Kisiel	11	Chicopee Comp	8:02.5	24:59.39	--
18 Dylan Hibbert	8	Sabis	8:04.5	25:05.73	--
19 Zachary Huber	9	Chicopee Comp	8:16.9	25:44.23	--
20 Isaiah Gregory	12	Sabis	8:39.2	26:53.45	--
21 Taariq Woods	9	Sabis	8:39.6	26:54.88	--
22 Tyler Ostrander	9	Chicopee Comp	8:54.2	27:40.08	--
23 Joe Basile	9	Sabis	9:13.1	28:38.80	--
24 Zachary Philbrick	11	Chicopee Comp	9:15.2	28:45.31	--
25 Garrick Hanechak	10	Chicopee Comp	9:16.4	28:49.06	--
26 Kenny Delude	10	Sabis	9:16.5	28:49.49	--
27 Jonnathan Camacho	11	Sabis	10:39.	33:05.87	--
28 Kobe Gresham	8	Sabis	11:28.	35:38.83	--
29 Gadiel Sanchez	8	Sabis	11:41.	36:18.59	--

Open Mixed 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Sabis	26	2	4	5	6	9	11	13
Total Time: 1:49:48		Average: 21:57.53				1-5 Split: 2:18		
2 Chicopee Comp	29	1	3	7	8	10	12	14
Total Time: 1:49:17		Average: 21:51.31				1-5 Split: 3:23		

COMMERCE VS. SABIS

Open Men 5000 Meter Run

Name	Yr	Team	Pace/M	Time	Pts
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1	Cristian Rivera	11	Sabis	6:37.2	20:34.32	1
2	Tayvon Hodge	11	Sabis	6:59.8	21:44.72	2
3	Amadi Pendleton	8	Sabis	7:06.6	22:05.72	3
4	Jessie Barbee	11	Sabis	7:14.8	22:31.36	4
5	Kolby Hightower	11	Sabis	7:21.3	22:51.49	5
6	Cairo White	11	Sabis	7:40.5	23:51.26	6
7	Gevon Samuels	10	Sabis	7:47.3	24:12.40	7
8	Joseph Jose	11	Commerce	7:49.8	24:20.12	--
9	Jumar Browne	10	Sabis	8:02.0	24:58.05	--
10	Dylan Hibbert	8	Sabis	8:04.5	25:05.73	--
11	Nigel LaFlamme	12	Commerce	8:22.2	26:00.71	--
12	Angel Velez	11	Commerce	8:25.6	26:11.20	--
13	Isaiah Gregory	12	Sabis	8:39.2	26:53.45	--
14	Taariq Woods	9	Sabis	8:39.6	26:54.88	--
15	Carlos Garcia	10	Commerce	8:53.8	27:38.86	--
16	Joe Basile	9	Sabis	9:13.1	28:38.80	--
17	Kenny Delude	10	Sabis	9:16.5	28:49.49	--
18	Jonnathan Camacho	11	Sabis	10:39.	33:05.87	--
19	Kobe Gresham	8	Sabis	11:28.	35:38.83	--
20	Gadiel Sanchez	8	Sabis	11:41.	36:18.59	--

Open Mixed 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Sabis	15	1	2	3	4	5	6	7
Total Time: 1:49:48		Average: 21:57.53			1-5 Split: 2:18			

CHICOPEE COMP VS. COMMERCE

Open Women 5000 Meter Run

Name	Yr	Team	Pace/M	Time	Pts	
1	Anna Plewa	12	Chicopee Comp	9:29.9	29:31.23	1
2	Brianna Machnacz	11	Chicopee Comp	10:04.	31:18.89	2
3	Christine Nichols	11	Commerce	10:24.	32:19.60	--
4	Samantha Carrier	12	Chicopee Comp	10:46.	33:28.60	3
5	Michelle Arbuzova	9	Chicopee Comp	11:14.	34:55.94	4
6	Katarina Bernash	10	Chicopee Comp	11:18.	35:09.36	5
7	Ciara Gamache	9	Chicopee Comp	11:44.	36:28.52	6
8	Jenna Herd	10	Chicopee Comp	11:46.	36:35.29	7
9	Kaelyn Aponte	10	Chicopee Comp	11:47.	36:37.28	--
10	Kate Gustafson	9	Chicopee Comp	11:48.	36:40.74	--
11	Olivia Chao	10	Chicopee Comp	12:20.	38:21.20	--
12	Morgan Hiersche	11	Chicopee Comp	12:48.	39:49.44	--
13	Orrie Baray-Forget	11	Chicopee Comp	12:50.	39:52.81	--
14	Alison Bradway	10	Chicopee Comp	13:28.	41:53.87	--

Open Mixed 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
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1 Chicopee Comp 15 1 2 3 4 5 6 7
 Total Time: 3:09:25 Average: 37:52.92 1-5 Split: 5:39

CHICOPEE COMP VS. SABIS

Open Women 5000 Meter Run

Name	Yr	Team	Pace/M	Time	Pts
1 Alliyah Ferrera	12	Sabis	7:57.4	24:43.76	1
2 MaryEllen Shearer-Man	11	Sabis	8:37.8	26:49.16	2
3 Ilyssa DeLeon	11	Sabis	8:46.4	27:15.99	3
4 Lillian Kuehl	10	Sabis	8:55.9	27:45.58	4
5 Anna Plewa	12	Chicopee Comp	9:29.9	29:31.23	5
6 An'Janae Washington	8	Sabis	9:54.7	30:48.13	6
7 Amanda Howie	11	Sabis	9:59.1	31:01.73	7
8 Brianna Machnacz	11	Chicopee Comp	10:04.	31:18.89	8
9 Aine Champiny	9	Sabis	10:09.	31:34.60	9
10 Jennifer Mora	12	Sabis	10:19.	32:04.51	--
11 Samantha Carrier	12	Chicopee Comp	10:46.	33:28.60	10
12 Eliza Mullin	8	Sabis	10:48.	33:34.38	--
13 Michelle Arbuzova	9	Chicopee Comp	11:14.	34:55.94	11
14 Katarina Bernash	10	Chicopee Comp	11:18.	35:09.36	12
15 Ciara Gamache	9	Chicopee Comp	11:44.	36:28.52	13
16 Jenna Herd	10	Chicopee Comp	11:46.	36:35.29	14
17 Kaelyn Aponte	10	Chicopee Comp	11:47.	36:37.28	--
18 Kate Gustafson	9	Chicopee Comp	11:48.	36:40.74	--
19 Mia Przybycien	11	Sabis	12:11.	37:52.91	--
20 Georgina Maende	7	Sabis	12:11.	37:54.44	--
21 Olivia Chao	10	Chicopee Comp	12:20.	38:21.20	--
22 Leah Gartman	11	Sabis	12:29.	38:49.89	--
23 Morgan Hiersche	11	Chicopee Comp	12:48.	39:49.44	--
24 Orrie Baray-Forget	11	Chicopee Comp	12:50.	39:52.81	--
25 Kayla Brown	10	Sabis	13:17.	41:19.16	--
26 Aleah Haygood	11	Sabis	13:21.	41:31.25	--
27 Jada Wanzo	9	Sabis	13:22.	41:34.70	--
28 Alison Bradway	10	Chicopee Comp	13:28.	41:53.87	--
29 Alicia Laterreur	7	Sabis	14:08.	43:57.02	--

Open Mixed 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Sabis	16	1	2	3	4	6	7	9
Total Time: 2:42:24		Average: 32:28.64				1-5 Split: 6:05		
2 Chicopee Comp	46	5	8	10	11	12	13	14
Total Time: 3:09:25		Average: 37:52.92				1-5 Split: 5:39		

COMMERCE VS. SABIS

Open Women 5000 Meter Run

Name	Yr	Team	Pace/M	Time	Pts
1 Alliyah Ferrera	12	Sabis	7:57.4	24:43.76	1
2 MaryEllen Shearer-Man	11	Sabis	8:37.8	26:49.16	2
3 Ilyssa DeLeon	11	Sabis	8:46.4	27:15.99	3
4 Lillian Kuehl	10	Sabis	8:55.9	27:45.58	4
5 An'Janae Washington	8	Sabis	9:54.7	30:48.13	5
6 Amanda Howie	11	Sabis	9:59.1	31:01.73	6
7 Aine Champiny	9	Sabis	10:09.	31:34.60	7
8 Jennifer Mora	12	Sabis	10:19.	32:04.51	--
9 Christine Nichols	11	Commerce	10:24.	32:19.60	--
10 Eliza Mullin	8	Sabis	10:48.	33:34.38	--
11 Mia Przybycien	11	Sabis	12:11.	37:52.91	--
12 Georgina Maende	7	Sabis	12:11.	37:54.44	--
13 Leah Gartman	11	Sabis	12:29.	38:49.89	--
14 Kayla Brown	10	Sabis	13:17.	41:19.16	--
15 Aleah Haygood	11	Sabis	13:21.	41:31.25	--
16 Jada Wanzo	9	Sabis	13:22.	41:34.70	--
17 Alicia Laterreur	7	Sabis	14:08.	43:57.02	--

Open Mixed 5000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Sabis	15	1	2	3	4	5	6	7
Total Time: 2:42:24		Average: 32:28.64			1-5 Split: 6:05			